

## Respect Life Month

### Opportunities for Participation

#### “Respecting Life from Conception to Natural Death”



Bring in diapers (size 4, 5, 6) and deposit in basket at back of Cathedral for procession in offertory procession.

Visit (call or write) a loved one whom you may not have seen in a while.

Visit someone in a nursing home.

Write to someone on death row (see separate pdf). Visit a prisoner.

Setup a day when you can assist making sandwiches and distribute them at lunch. Bring in needed supplies for the pantry, such as canned goods (soups, tuna), peanut butter & jelly, sandwich bags, paper cups.

Make a small donation to assist a student's tuition at Holy Name. Place donation in an envelope and label it "Holy Name School Tuition." It will go directly to the tuition fund. Place it in one of the offertory baskets. Or, donate money to defray costs for a school field trip. Simply write "field trips" on envelope and place in offertory. Bring in some school supplies (notebooks, paper, pens, pencils, crayons) for Holy Name School.

Bring in clothes and BLANKETS for the homeless and place in basket in back of Cathedral for procession in offertory procession.

Bring in some foodstuff (canned goods, etc.) or water bottles for the hungry and thirsty and place in basket in back of Cathedral for procession in offertory procession.

Visit a loved one in the cemetery. Is there a hospice that needs your support?

Pray for a deceased loved one and all the souls in purgatory. Light a candle in the Cathedral making a small offering.

Pray for an end to abortion, murder, genocide, violence, hatred, anger and all the "isms" (sexism, ageism, racism, etc.) that divide us.

This October 2017: remember the refugees and migrants as requested by Pope Francis in his "Share the Journey" initiative begun September 27.

