

The Biggest Lie in the History of Christianity

Chapter Sessions: Possible Talking Points

C 1: Life is a Puzzle

- Transforming people one at a time is at the heart of God's plan for the world. God does the transforming but only to the extent we cooperate.
- Are we letting God transform us? In what ways?
- If not, why not? What's the roadblock?

C2: Your Happiness Project

- We are created for happiness and long for happiness that is independent of the situation. Such happiness is always found by embracing ***the present moment***.
- Do you believe that it is possible to be happier than you've ever been at any time in your life?

C3: The False Promises and the Lies of this World

- Our culture wants to tell us that there is no universal truth. We are told to get what you want and the more you do, the happier you'll be (a quick, easy happiness). What we really yearn for beyond long-term happiness is a joy that transcends happiness.
- How do we answer life's four big questions?
 - Who am I?
 - What am I here for?
 - What matters most?
 - What matters least?

C4: I've Been Lying to Myself

- In this culture of false promises, we want to be authentic (knowing yourself, your imperfections and wanting to overcome them). Social media robs of life, of experiencing the present moment. We are more concerned with pretending to live interesting lives, than actually living interesting lives.
- What place do we want to give truth, authenticity in our lives?
- Is there a connection between happiness and truth in our lives?

C5: So Many Lies about Christianity

- The lies: Jesus didn't exist; the resurrection is a myth; Christianity preys on the weak and ignorant; Christianity is anti-intellectual and hostile to science; and, Christianity is anti-sex.
- Can you refute any and/or all of these?

C6: The Biggest Lie

- Holiness is NOT possible (at least, not for us).
- Do you believe holiness is possible personally?
- Why are we afraid to talk about holiness? About wanting to be saints?

C7: Prove it!

- A ***holy moment*** is a moment when we open yourself to God...are available to him...setting aside self-interest (personal desire, what we feel like doing) and do what we prayerfully believe God is calling us to do at this moment. A holy moment is when we become what calls us to be (St. Francis de Sales' exhortation "Be who you are and be that well!). We should look at living holy moments rather than living holy lives. Holy moments are created with God's grace.
- To change the world again, the world needs holy moments. Share some holy moments you witnessed or created by cooperating with God's grace.

C8: One Beautiful Truth

- Holy Moments are possible & life changing; they are possible in practical terms. Holy Moments & holiness are God's will.
- Holiness is possible one moment at a time.
- Describe some Holy Moments you've created or encountered through God's grace.